

Accidents Worksheet



1. When performing CPR, I should do \_\_\_\_\_compressions per minute. That is \_\_\_\_\_every second. I’ll press down about \_\_\_\_\_ cm.
2. The part of the body I’ll press is centre of the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. DR ABC stands for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. I’d place a Warning Triangle \_\_\_\_\_\_\_ metres away.
2. If I’m involved in an accident but I can’t let anyone know at the time, I’ll report to the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_within \_\_\_\_\_\_\_ hours
3. The police want to see these documents:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. If I break down on a level crossing, the first thing I’ll do is tell drivers behind / leave the vehicle and get everyone clear (circle the correct answer)
2. Before driving through a tunnel, I need to turn my \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on, take my \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_off. I also need to turn my \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_on so I can listen for updates.
3. If I break down in a tunnel, I’ll put my \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on and call for help.
4. If my car is on fire in a tunnel, I’ll get out of my car / drive out of the tunnel, if it’s safe. (circle the correct answer)
5. *A motorcyclist has been in an accident and is lying in the road. You are the first to arrive:*
* Would you remove his helmet?
* Would you try to move the motorcyclist?
* He’s bleeding heavily from a wound on his leg. What can you do to help?